



## Celebrating 35 Years of Advancing Value in Health Care, Health Benefits and Health Improvement

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<b>Registration Fees:</b>	Before 4/1	After 4/1
Member*	\$399	\$449
Additional same company	\$300	\$350
HR/Benefits Professional (Non-Member)	\$499	\$549
Additional same company	\$300	\$350
Non-Member	\$799	\$849
Additional same company	\$400	\$450
*Uncertain if you're a member? Go to www	w MRGH org =	

Uncertain if you're a member? Go to www.MBGH.org click on "Membership," then "Current List of Members"

#### Register at: www.mbgh.org/35AC

#### **Conference Venue:**

The Mid-America Club 200 E. Randolph Street • 80th Floor Chicago, IL 60601 • (312) 861-1100

### **Hotel Accommodations:**

Fairmont Chicago, Millennium Park 200 North Columbus Drive Chicago, IL 60601 Reservations: 800-526-2008

Rate: \$209.00 per night Reservation link:

https://aws.passkey.com/event/11926916/owner/2945/home Space is limited. Cut-off: April 7, 2015

General Questions: Lori Hurtt – lhurtt@mbgh.org Registration Questions: Mindy McBee – mmcbee@mbgh.org

This program has been approved for 13.5 recertification credit hours through the HR Certification Institute (HRCI). For more information about certification or recertification, visit www.hrci.org. The use of this seal is not an endorsement by HRCI of the quality of the program. It means the program has met HRCI's criteria to be pre-approved for re-certification credit.

#### **Conference Registration Policies:**

Registration cancellations must be requested in writing. Cancellations received on or before April 1, 2015 will receive a refund minus a \$50.00 administrative fee. Registration fees paid after April 1, 2015 are non-refundable. Substitutions are acceptable. To transfer your registration, log in to your MBGH account at www.mbgh.org or contact Lori Hurtt at

lhurtt@mbgh.org. Approved refunds will be issued within 30 days. Confirmed registrants who fail to attend but do not cancel based on criteria above will be charged the entire registration fee. In case of conference cancellation. MBGH is limited to refund the conference registration fee only. MBGH reserves the right to alter

this program without prior notice.





# THE TRAVERSING TOUGH TERRAIN



## APRIL 29-30, 2015 **★ CHICAGO, IL ★**

MBGH is one of the nation's leading non-profit business groups of over 120 large self-insured public and private employers.

Comprised primarily of human resources and health benefits professionals, member organiz provide health benefits to over 4 million lives and annually spend more than \$4 billion on health care benefits – learn more at www.MBGH.org.





Midwest Business Group on Health

35 E. Wacker Drive Suite 1500 Chicago, IL 60601







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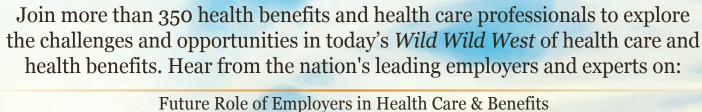
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THE

FRAVERSING TOUGH TERRAIN

MBGH 35<sup>TH</sup> ANNUAL CONFERENCE

APRIL 29-30, 2015 ★ CHICAGO, IL

Addressing Waste, Overuse & Inappropriate Care in Today's System

Employers & Providers: Issues, ACOs & Other Opportunities

Strategies to Avoid the Excise Tax

Reaching the Cost-Share Tipping Point with Consumers

Benefit Decisions that Keep Us Up at Night

Pitfalls of Trying to Empower the New Health Care Consumer

Wellness CEO Panel: Trends, Consumerism & the Future of Wellness

Resiliency & Your Covered Population: Not Just Surviving but Thriving

Using Data to Track the Right Measurements & Outcomes Tackling Cost Drivers Using Price Transparency Tools

Wellness Incentives: Value, Legal Issues & the EEOC

The Mid-America Club • 200 E. Randolph St. • Chicago, Illinois







The Source for Leading Health Benefits Professionals



Berger, MD Bisping

#### WEDNESDAY, APRIL 29 10:00 AM **Wellness Screenings** 'Superior venue **Breakfast & Networking - Exhibit Hall** 7:30 AM for leaders to discuss 8:30 AM **Welcome & Opening** important issues Larry Boress, President & CEO, MBGH and Matt LaRocco, Vice President, and improve their Administrative Services, Federal Reserve Bank of Chicago & Board Chair, MBGH The Wild, Wild West of Health Care Reform & Health Benefits: own programs." The Role of Employers & What Lies Ahead David Lansky, PhD, CEO, Pacific Business Group on Health **Keynotes:** James A. Klein, President, American Benefits Council Panel: Moderator: Matt LaRocco, Vice President, Administrative Services, Federal Reserve Bank of Chicago Nate Solomon, Director of Benefits, Wolters Kluwer, US Larry Boress, President & CEO, MBGH Break – Exhibit Hall 10:15 AM 10:45 AM Addressing Waste, Overuse & Inappropriate Care in Today's Health Care System Moderator: Larry Boress, President & CEO, MBGH David Adams, Chief Executive Officer, Healthcare Pays Roger C. Merrill, MD, Chief Medical Officer, Merrill Health Strategies, formerly with Perdue Farms, Inc. **b** Bill Lahrmann, VP, Client Engagement, Quantum Health Jan Berger, MD, President & CEO, Health Intelligence Partners, Medical Director, MBGH Lunch & Networking 12:00 PM 12:45 PM **Employers & Providers: Issues, ACOs & Other Opportunities** Moderator: Guy D'Andrea, President & Founder, Discern Health Jason Parrott, Manager of Health Care Strategy & Policy, The Boeing Company Mike Vivoda, Senior Vice President, Northwestern Memorial HealthCare & President, Western Region, Northwestern Medicine David Lansky, PhD, CEO, Pacific Business Group on Health 1:30 PM Marketplace Updates **Ensuring Better Outcomes:** From High Performance Networks to Remote Opinions & High-Quality Patient/Physician Interaction Jacob Best, Director of Network Development, Grand Rounds Building a Resilient Workforce: Trends, Strategies, and Outcomes Dr. Rajiv Kumar, Founder & CEO, ShapeUp 2:15 PM Dead or Alive: Strategies to Avoid the Excise Tax Moderator: Larry Boress, President & CEO, MBGH Scott Thompson, Area President, BENFIELD/Arthur J. Gallagher & Company ▶ Thomas A. Sondergeld, Sr. Director of Health & Well-Being, Walgreens Break – Exhibit Hall 3:15 PM Marketplace Updates Value Based Care ▶ Kevin Cassidy, Senior Vice President Sale & Account Management, Blue Cross and Blue Shield of Illinois Specialty Pharmacy: A Look Through an Employer's Eyes Rae McMahan, VP, Specialty Pharmacy Client Engagement, Prime Therapeutics Have We Reached the Cost-Share Tipping Point with Consumers? 3:45 PM Moderator: Paul Fronstin, Senior Research Associate, Employee Benefit Research Institute (EBRI) Scott Thompson, Area President, BENFIELD/Arthur J. Gallagher & Company ▶ Todd N. Bisping, Compensation & Benefits Business Manager – Americas North Human Services, Caterpillar, Inc. ▶ Rebecca Madsen, Chief Consumer Officer – Employer & Individual Markets, UnitedHealthcare Benefit Decisions that Keep HR/Benefits Professionals Up at Night Moderator: Sandra G. Morris, Senior Manager of U.S. Benefit Design, Procter & Gamble Cara McNulty, Manager, Healthcare Benefits, Target Corporation Thomas A. Sondergeld, Sr. Director of Health & Well-Being, Walgreens

5:15 PM

Reception - Exhibit Hall

# THURSDAY, APRIL 30

10:00 AM	Wellness Screenings
7:30 AM	Breakfast & Networking – Exhibit Ha
8:15 AM	MBGH Annual Meeting
8:30 AM	Welcome & Opening

Larry Boress, President & CEO, MBGH **MBGH Staff Updates** 

Larry Boress, President & CEO, MBGH

▶ Chervl Larson, Vice President, MBGH

Margaret Rehayem, Senior Director of Strategic Initiatives & Communications, MBGH

Keynote: Pitfalls of Trying to Empower the New Health Care Consumer Shawn Leavitt, Senior Vice President of Global Benefits, Comcast Corporation

Wellness CEO Panel: Trends, Consumerism & the Future of Wellness 10:00 AM Moderator: Cheryl Larson, Vice President, MBGH

▶ Ben R. Leedle, Jr., President & CEO, Healthways, Inc.

Rajiv Kumar, MD, Founder & Chief Executive Officer, ShapeUp

Marketplace Updates

The Science of Crafting a Nutritional Wellness Program for Employees Niraj Jetly, COO & CIO, NutriSavings LLC

How Healthy Habits Boost Employee Engagement and Productivity

Jacquelynn Russell, Regional Sales Director, Virgin Pulse

**Break & Prize Drawing** 

11:15 AM

11:45 AM

12:00 PM

1:00 PM

3:30 PM

REGISTER AT

KWWW.MBGH.ORG/35AC

Marketplace Updates Packing It In For Good:

An Innovative Study On Smoking Cessation Incentives & New Smoking Cessation Technologies

Jonathan Dugas, PhD, Vitality Clinical Director, Vitality

**Lunch & Presentation** 

Addressing Resiliency & Your Covered Population: Not Just Surviving but Thriving

Kevin W. McCabe, MD, Director of Occupational Medicine, S.C. Johnson, A Family Company

**Using Data to Track the Right Measurements & Outcomes** 

*Moderator*: Tom Parry, PhD, President, Integrated Benefits Institute (IBI)

Jack Sullivan, Director of Health Care, Union Pacific Railroad

▶ Grant Gordon, Co-founder, Artemis Healthcare Analytics

Don Creveling, Executive Director, Montana Association of Health Care Purchasers

Jeff Chungath, CEO, Telligen

Tackling Cost Drivers Using Price Transparency Tools 2:00 PM

*Moderator*: Amy Katzoff, Director, Health & Wellness Benefits & Director HR, Supply Chain, Dover Corporation

Eric Bricker, MD, Chief Medical Officer, Compass Professional Health Services

Jack Bruner, Chief Marketing Officer, Change Healthcare

David Newman, Executive Director, Health Care Cost Institute

Value of Wellness Incentives: Legal Issues & the EEOC

*Moderator:* Sarah Bassler Millar, Partner, Employee Benefits & Executive Compensation Practice, Drinker Biddle & Reath

Carol Partington, Manager, Compensation & Benefits, Elkay Manufacturing

Mary Rohe, Benefits Manager, Ace Hardware

Laurel McKellips, Director, Compensation, Benefits & HRIS, Worthington Industries

Adjournment

## Thanks to MBGH's 35th Annual Conference Sponsors













### Session

BlueCross and BlueShield of Illinois Nutrisavings Prime Therapeutics ShapeUp Telligen Virgin Pulse Vitality UnitedHealthcare

"Very valuable to hear

what large, multinational

corporations are focusing on

in the world of benefits.'

'Wonderful conference.

Great venue, great topics

and great speakers.

**Reception** – Advocate Health Care

## Join Us For These Great No-Cost Programs Available To Registered CONFERENCE ATTENDEES!

## Wellness Screenings – April 29th and April 30th

Sponsored by Quest Diagnostics®

Quest Diagnostics Health & Wellness Services offers biometric wellness screenings to give a snapshot of an individual's health risks. Schedule your free screening and get your current health status presented in confidential, personal report. The screening includes: Heart and Glucose Test, Blood Pressure and Metabolic Syndrome Risk Score. Screenings will take place on both mornings of the conference between 7AM and 10AM.



## Pre-Conference Challenge Step It Up

Registration opens March 16<sup>th</sup> register early to get your wearable activity device on time! Challenge runs April 6th to April 24th Winner awards presented on April 30th

## Sponsored by Virgin Pulse

Step It Up is a challenge that offers conference attendees the opportunity to compete with others in a walking challenge to see who can rack up the highest daily step count, as well as track other healthy behaviors! You can be on a team or participate on your own. Through the Virgin Pulse platform, you will be able to compare your results with everyone else participating in the challenge. Top scorers will receive great prizes which will be given away on Thursday, April 30th.

Information on how to sign-up for these valuable and fun events will be provided in your registration confirmation via email!

**Audio Response System** Bridge Health Medical

**Tote Bag** American Well

**Wellness Screening** Quest Diagnostics

Interactive Health

Social Media & Pens/Paper ROC Group

Lunch – Day 1

Lunch – Day 2 Teledoc

Breakfast – Day 1 Omada Health

Breakfast – Day 2 Compass Prof. Health Svs.

**Breaks** Fitbit

**Charging Station** Truven Health Analytics





